



NEPAL-TIBET OVERLAND TOUR

OPTION 01:

Minimum Tour duration	: 10 days
Attitude	: 4050m
Minimum Group	: 3-4 adults or more persons
Tour grade	: 02
Tour Codes	: SMT-NT10D

Tour Highlights: An incredible cultural, historic and adventure journey in just ten days of driving from Kathmandu-Lhasa, following the rivers and valleys with the plenty of waterfalls on our eyes. The journey passes through Nepal-Tibet border, through beautiful mountains and farming valleys. This route is the most adventurous route among the others as it offers the panoramic views of the high mountains including the highest peak Everest (8848m) with Langtang (7367m), Xixapangma (8012m), Makalu (8464m) Lhotse (8516m), Cho Oyu (8153m). We get chance to pass by the high passes like Nyalam Pass (3750 m), Tong-La (5120m) La Lung-la (5124m) ; Gyatso-la (5220 m). We drive passing Tingri (4390 m) to visit Gyantse, Tibet's second-largest city, lying near the union of the Nyang Chu and the Tsang Po, on the main route between Gyantse and West Tibet. It is the place of famous Tashilumpo Monastery. Drive to Lhasa, crossing the Karo-la Pass (5045m), we pass by the Yamdrok Tso, the turquoise lake; one of the four holy lakes in Tibet. Then after passing the Kamba-la Pass (4794m), we find ourselves close to the Lhasa Valley. After crossing the Brahmaputra River, we reach Lhasa, our final destination.

Nº	DIST. KM	SHORT DESCRIPTION	ACOMMODATION	FOOD
01	-----	➔ Arrive Kathmandu (1250m)	Shanker Hotel Kathmandu, 4*	/-/-/
02	-----	Kathmandu-Pashupatinath, Swambunath, Boudhanath	Shanker Hotel Kathmandu, 4*	B+L
03	123	Kathmandu –Zhangmu (2300m)	Gang Gyen Hotel (Standard)	B+L
04	181	Zhangmu-Xegar (4050m)	Stay in Xegar	B+L
05	244	Xegar-Xigatse (3900m)	Xigatse Hotel,3*	B+L
06	90	Xigatse-Gyantse (3950m)	Gyangtse Hotel,3*	B+L
07	261	Gyantse-Lhasa (3660m)	Lhasa Hotel, 4*	B+L
08	-----	Lhasa Tour (3660m)	Lhasa Hotel, 4*	B+L
09	-----	Lhasa Tour (3660m)	Lhasa Hotel, 4*	B+L
10	90	➔ Flight out or Post tour	-----	B

SAMAR MAGIC TOURS



MAIN TOUR IN DETAILS

Day 1: Kathmandu, Nepal

Arrival in Kathmandu. Free time. Overnight at hotel.

Day 2: Kathmandu-Pashupatinath, Swambunath, Boudhanath

Full day tour in Kathmandu. Visits Pashupatinath, Swambunath, Boudhanath. Overnight at hotel. (B)(L)

Day 3: Kathmandu-Kodari-Zhangmu

This morning we will drive from Kathmandu-Kodari-Zhangmu (Tibet), following the rivers and valleys with the plenty of waterfalls on our

eyes. Amazing views of the Himalaya and the Tibetan countryside greet you on the overland drive from Kathmandu. This route is the most adventurous route Nepal-Tibet, among the others as it offers the panoramic views of the high mountains including the highest peak Everest (8848m) with Langtang (7367m), Xixapangma (8012m), Makalu (8464m) Lhotse (8516m), Cho Oyu (8153m). Overnight at hotel. (B)(L)

Day 4: Zhangmu-Xegar

From Zhangmu, we drive to Lhatse, following the Bhote Koshi River valley with the plenty of waterfalls on our eyes. this route is the most adventurous route among the others as it offer the panoramic views of the high mountains



including the highest peak Everest (8848 m) with Langtang (7367m), Xixapangma (8012m), Makalu (8464m), Lhotse (8516m), Cho Oyu (8153m). we get chance to pass by the high passes like Nyalam Pass (3750m) , Tong-La (5120m), La Lung-La (5124m) & Gyatso-La (5220m). We continue our drive passing Tingri (4390M) and stay Xegar (also known as New Tingri).(B) (L)

Day 5: Xegar – Shigatse

This morning we will continuous drive through the high mountains to Shigatse, the second largest city in Tibet, site of the Tashihunpo monastery. Overnight at hotel. (B)(L)

Day 6: Tashilumpo-Gyantse-Kumbum-Pelkhur Choide

Today we visits Tashilumpo monastery. The seat of the Panchen Lamas, Tashihunpo is a vast complex with a golden rooftops and impressive chapels. Although having suffered the ravages of man and time, Gyantse, our next stop, with it's unique Palkor Chode temple and Kumbum Chorten, offers a glimpse of an irretrievably lost era in some of the most extraordinary works of art found in all Tibet. Overnight at hotel. (B)(L)

Day 7: Gyantse-Lhasa

This morning we will continuous drive to Lhasa, crossing the Karo-la Pass (5045m), we pass by the Yamdrok Tso, the turquoise lake; one of the four holy lakes in Tibet. Then after passing the Kamba-la Pass (4794m), we find ourselves close to the Lhasa Valley. After crossing the Brahmaputra River, we reach Lhasa, our final destination. Stay at the hotel adapt yourself to the high attitude. Overnight at hotel. (B)(L)

Day 8: Lhasa: Potala-Sera-Norbulingka

You will have a full day tour in Lhasa. The highlight today is the Magnificent Potala, the winter palace of the Dalai Lama; the place where the former great Dalai Lama's stupas are being kept; once the seat of the Tibetan government. After visiting Potala Palace, you will visit one of the three largest monasteries of Gelugpa, the Sera Monastery, and Dalai Lama's summer palace of, the treasure Park of Tibet, the Norbulingka. Overnight at hotel. (B)(L)

Day 9: Lhasa-Drepung Monastery-Jokhang Temple-Bazaar of the Barkhor Street

In the morning, you will visit the No. 1 Monastery of Gelugpa, Drepung Monastery, which is the richest monastery ever in Tibet. Then you will be guided to visit the spiritual center of Tibet, the Jokhang Temple, where you might meet many pilgrims, who even prostrate by full length to the threshold of the temple. You will visit the sacred pilgrim path, the oldest street in Lhasa, the Barkhor Street, which is the place where Tibetan culture, economy, religion and arts assemble. (B)(L)

Day 10: Departure Lhasa or Post Tour

Transfer to the airport for your flight out or Post tour (B)

WHAT IS INCLUDED

Private Transport:

Nepal: Toyota Latest Jeep

Tibet: Toyota Land cruiser (New Model 4500)

Tibet travel permit / Private land transfers as per itinerary / Accommodation as per itinerary on twin sharing:

Kathmandu: Hotel Shanker (4*)

Zhangmu: Hotel Gang Gyen (Standard)

Gyantse: Gyantse Hotel (3 *)

Shigatse: Shigatse Hotel (3 *)

Lhasa: Lhasa Hotel (4*)

9 breakfasts, and 8 lunches:

Legend: (B) Breakfast, (L) Lunch

Monasteries entrance fees / Sightseeing tours as per itinerary / A local English speaking guide throughout the tour program /

WHAT'S NOT INCLUDED

International air tickets.

Tips to the guides and the drivers.

Visas and Nepal re-entry visa fee.

Airport taxes.

Medical insurance.

Optional activities and drinks.

SAMAR MAGIC TOURS

Tel.: 976-11-311051; Fax: 976-11-327503;

www.samarmagictours.com